



YMCA Lincolnshire – Outreach Service

The YMCA Lincolnshire Outreach project is the final stage in the journey to independent living for our residents.

Our project consists of 70 units of accommodation across 11 properties within the City of Lincoln. This project can be accessed following a stay at The Nomad Centre or a stay at the YMCA Hostel.

Residents will be offered a licence agreement for up to a period of two years. However, each case will be considered on an individual basis.

To be accepted into one of our Outreach properties residents must have displayed the ability to successfully manage their licence agreement within another YMCA Lincolnshire setting.

The YMCA Outreach Project provides an alternative move on option for those who still require support and are not quite ready for independent living.

All residents are treated with dignity and respect and supported throughout on their journey with us. Person led individual support plans are created in conjunction with the resident to obtain the best possible outcome.

Each resident is required to work collaboratively with their Case Worker who will provide support, advice and guidance during their stay with us. A regular risk assessment is carried out to ensure the safety of all of our residents.

Referrals

Each referral is considered on an individual basis, taking into account the room location and cumulative risk with current residents.

To be eligible residents must be:

- Over the age of 18
- Single (Not having children living with them)
- In need of support to enable them to live independently



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External referrals are required to complete an application form which includes contact details for all agencies that they are working with. External referrals are required to attend an assessment meeting. A decision is made within 72 hours, the applicant will be advised of the outcome and if applicable placed on the waiting list if no accommodation is available at that time. There is an appeal process for any referrals that are not accepted.

Partnership Working

All services within YMCA Lincolnshire work together to achieve the best outcome for our residents.

Our partnership with the NHS through the Holistic Health for the Homeless (HHH) team ensures that residents have appropriate and timely medical intervention for their physical and mental health needs.

YMCA Lincolnshire offer a talking therapy service with our qualified Psychotherapist who will work with our residents to enable them to overcome past traumas.

Depending on individual needs we will signpost to the other local support agencies to ensure effective multi-agency working.

Once a resident is ready to move into their own accommodation without any support, we will work with local housing providers (including the private sector) to facilitate this. We will also refer to floating support services if this is required.

In the YMCA Lincolnshire Outreach Project, we will:

- Provide a housing support service where everyone is treated with respect and dignity.
- Deliver fortnightly support sessions to each resident.
- Carry out regular room and property inspections to ensure that living conditions are maintained to a high standard.

Within 7 days of a resident moving in we will to:

- Complete an updated support plan, personal emergency evacuation plan (PEEP), risk assessment and Outcome Star.
- Signpost to specialist services as and when required.



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- Devise a move on plan which will include the completion of a duty to refer to the residents local area connection

Our residents are required to:

- Abide by the house rules and license agreement
- Ensure that they keep the communal areas clean and tidy at all times, working with their fellow house mates to achieve this.
- Not to smoke or use illegal substances within the property or garden area.
- Treat fellow residents, staff, volunteers, contractors, visitors with respect
- Work proactively with us at the YMCA to create and implement their individual move on plans.

Our accommodation offer within the Outreach Project consists of:

Sheridan House – 16x one-bedroom self-contained apartments located within walking distance of local facilities. To resident at Sheridan House you must be under the age of 35. The maximum stay at Sheridan House is 12 months.

Rasen House is located in the popular and much sought after Bailgate area of Lincoln and is part of our Outreach Project and supports people over the age of 45 with a variety of needs such as mental health challenges and hidden disabilities. Rasen House offers a more settled community feel where residents support each other.

Our young persons project, located on the High Street in Lincoln also sits under our Outreach Project. This project supports young people under the age of 25 to develop skills, overcome personal challenges and enables them to reach their full potential.

A number of shared houses located around the City Centre in Lincoln.



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